



RESEARCH ARTICLE

Open Access

Complicated intra-abdominal infections in Europe: a comprehensive review of the CIAO study

Massimo Sartelli^{1*}, Fausto Catena², Luca Ansaloni³, Ari Leppaniemi⁴, Korhan Taviloglu⁵, Harry van Goor⁶, Pierluigi Viale⁷, Daniel Vasco Lazzareschi¹, Federico Coccolini³, Davide Corbella⁸, Carlo de Werra⁹, Daniele Marrelli¹⁰, Sergio Colizza¹¹, Rodolfo Scibè¹, Halil Alis¹², Nurkan Torer¹³, Salvador Navarro¹⁴, Boris Sakakushev¹⁵, Damien Massalou¹⁶, Goran Augustin¹⁷, Marco Catani¹⁸, Saila Kauhanen¹⁹, Pieter Pletinckx²⁰, Jakub Kenig²¹, Salomone Di Saverio²², Elio Jovine²², Gianluca Guercioni²³, Matej Skrovina²⁴, Rafael Diaz-Nieto²⁵, Alessandro Ferrero²⁶, Stefano Rausei²⁷, Samipetteri Laine²⁸, Piotr Major²⁹, Eliane Angst³⁰, Olivier Pittet³¹, Ihor Herych³², Ferdinando Agresta³³, Nereo Vettoretto³⁴, Elia Poiasina³, Jaan Tepp³⁵, Gunter Weiss³⁶, Giorgio Vasquez³⁷, Nikola Vladov³⁸, Cristian Tranà³⁹, Samir Delibegovic⁴⁰, Adam Dziki⁴¹, Giorgio Giraudo⁴², Jorge Pereira⁴³, Helen Tzerbinis⁴⁴, David van Dellen⁴⁵, Martin Hutan⁴⁶, Andras Vereczkei⁴⁷, Avdyl Krasniqi⁴⁸, Charalampos Seretis⁴⁹, Cristian Mesina⁵⁰, Miran Rems⁵¹, Fabio Cesare Campanile⁵², Pietro Coletta⁵³, Mirjami Uotila-Nieminen⁵⁴, Mario Dente⁵⁵, Konstantinos Bouliaris⁵⁶, Konstantinos Lasithiotakis⁵⁷, Vladimir Khokha⁵⁸, Dragoljub Zivanovic⁵⁹, Dmitry Smirnov⁶⁰, Athanasios Marinis⁶¹, Ionut Nego⁶², Ludwig Ney⁶³, Roberto Bini⁶⁴, Miguel Leon⁶⁵, Sergio Aloia⁹, Cyrille Huchon⁶⁶, Radu Moldovanu⁶⁷, Renato Bessa de Melo⁶⁸, Dimitrios Giakoustidis⁶⁹, Orestis Ioannidis⁷⁰, Michele Cucchi², Tadeja Pintar⁷¹, Zoran Krivokapic⁷² and Jelena Petrovic⁷²

Abstract

The CIAO Study ("Complicated *Intra-Abdominal* infection Observational" Study) is a multicenter investigation performed in 68 medical institutions throughout Europe over the course of a 6-month observational period (January-June 2012).

Patients with either community-acquired or healthcare-associated complicated intra-abdominal infections (IAIs) were included in the study.

2,152 patients with a mean age of 53.8 years (range: 4–98 years) were enrolled in the study. 46.3% of the patients were women and 53.7% were men. Intraperitoneal specimens were collected from 62.2% of the enrolled patients, and from these samples, a variety of microorganisms were collectively identified.

The overall mortality rate was 7.5% (163/2,152).

According to multivariate analysis of the compiled data, several criteria were found to be independent variables predictive of patient mortality, including patient age, the presence of an intestinal non-appendicular source of infection (colonic non-diverticular perforation, complicated diverticulitis, small bowel perforation), a delayed initial intervention (a delay exceeding 24 hours), sepsis and septic shock in the immediate post-operative period, and ICU admission.

Given the sweeping geographical distribution of the participating medical centers, the CIAO Study gives an accurate description of the epidemiological, clinical, microbiological, and treatment profiles of complicated intra-abdominal infections (IAIs) throughout Europe.

* Correspondence: m.sartelli@virgilio.it

¹Department of Surgery, Macerata Hospital, Macerata, Italy

Full list of author information is available at the end of the article

Introduction

Intra-abdominal infections (IAIs) include a wide spectrum of pathological conditions, ranging from uncomplicated appendicitis to fecal peritonitis.

In the event of complicated IAI [1], the infection proceeds beyond a singularly affected organ and causes either localized peritonitis (intra-abdominal abscesses) or diffuse peritonitis. Effectively treating patients with complicated intra-abdominal infections involves both source control and antimicrobial therapy [2,3].

Study design

The aim of the CIAO Study was to describe the epidemiological, clinical, microbiological, and surgical treatment profiles of community-acquired and healthcare-associated complicated intra-abdominal infections (IAIs) based on data collected over a 6-month period (January-June 2012) from 68 medical institutions throughout Europe (see Figure 1).

Patients with either community-acquired or healthcare-associated complicated intra-abdominal infections (IAIs) were included in the study.

The center coordinator of each participating medical institution collected and compiled clinical data in an online case report database.

The collected data included the following: (i) patient and disease characteristics, i.e. patient demographic data, type of infection (nosocomial or community-acquired), severity criteria, and previous antibiotic therapy administered in the 7 days preceding surgery; (ii) origin of infection, surgical procedures performed, and antibiotic therapies administered; and (iii) microbiological data, i.e.

identification of bacteria and microorganismal pathogens within the peritoneal fluid, the identification of yeasts (if present), and the antibiotic susceptibilities of bacterial isolates.

This observational study did not attempt to change or modify the laboratory or clinical practices of the participating physicians or their respective institutions, and it did not require informed consent or formal approval by an Ethics Committee.

A Scientific Committee was established to impartially assess the objectives, methodology, and overall scientific quality of the project.

The study was monitored by the coordination center, which processed and verified missing or unclear data submitted to the central database.

Statistical analysis was performed using STATA® statistical software.

Results

Patients

2,152 patients with a mean age of 53.8 years (range 4–98) were enrolled in the CIAO Study. 996 patients (46.3%) were women and 1,156 (53.7%) were men. Among these patients, 1,701 (79%) were affected by community-acquired IAIs while the remaining 451 (21%) suffered from healthcare-associated infections. Intraperitoneal specimens were collected from 1,338 (62.2%) of the enrolled patients.

787 patients (36.5%) were affected by generalized peritonitis while 1,365 (63.5%) suffered from localized peritonitis or abscesses.



Figure 1 Geographic distribution of the CIAO Study.

282 patients (13.1%) were admitted in critical condition (severe sepsis/septic shock).

Tables 1, 2 overviews the clinical findings and radiological assessments recorded upon patient admission.

Source control

The various sources of infection are outlined in Table 3. The most frequent source of infection was acute appendicitis; 798 cases (37%) involved appendicitis.

The open appendectomy was the most common means of addressing complicated appendicitis. 443 patients (55.1%) admitted for complicated appendicitis underwent open appendectomies: 343 patients (77.4%) for localized infection or abscesses and 100 patients (29.1%) for generalized peritonitis. A laparoscopic appendectomy was performed for 318 patients (39.8%) with complicated acute appendicitis; of these patients, 217 underwent the procedure for localized peritonitis/abscesses and 101 underwent the procedure for generalized peritonitis. Open bowel resection was performed for 7 patients affected by complicated appendicitis. In the other 30 cases of complicated appendicitis (4.3%), conservative treatment (percutaneous drainage, surgical drainage, and non-operative treatment) was performed. 1.6% of patients underwent percutaneous drainage and interval appendectomies to address appendicular abscesses.

Among the patients with complicated cholecystitis (289), the open cholecystectomy was the most frequently

Table 2 Radiological Procedures

Radiological procedures	Patients n° (%)
Abdomen X ray	198 (9.2%)
Abdomen X ray, CT	164 (7.6%)
Abdomen X ray, ultrasound	401 (18.6%)
Abdomen X ray, ultrasound, CT	205 (9.5%)
Abdomen X ray, ultrasound, MRI	3 (0.1%)
CT	527 (24.5%)
Ultrasound	345 (16.0%)
Ultrasound, CT	160 (8.3%)
Ultrasound, CT, MRI	5 (0.2%)
Ultrasound, MRI	6 (0.3%)
Not reported	131 (6%)

performed procedure. 48.4% and 40.8% of cholecystitis patients underwent open and laparoscopic cholecystectomies, respectively. The remaining patients were treated with conservative methods (percutaneous drainage, non-operative treatment).

Among the patients with complicated diverticulitis (166) the Hartmann resection was the most frequently performed procedure. 73 patients (43.2%) underwent a Hartmann resection, and of these resections, the vast majority were open procedures (94.5% open compared to 5.5% laparoscopic). 54 of these patients (74%) underwent a Hartmann resection for generalized peritonitis, while the remaining 19 (26%) underwent the same procedure for localized peritonitis or abscesses. Colo-rectal resection was performed in 41 cases (24.7%). Laparoscopic resection was performed for only 3 patients (2 patients with and 1 patient without protective stoma) while open resection was performed for 38 patients (27 with and 11 without protective stoma).

The remaining patients received conservative treatment (percutaneous drainage, non-operative treatment,

Table 1 Clinical Findings

Clinical findings	Patients n° (%)
Abdominal pain	271 (12.6)
Abdominal pain, abdominal rigidity	192 (8.9%)
Abdominal pain, abdominal rigidity, T>38°C or <36°C, WBC >12,000 or < 4,000	366 (17%)
Abdominal pain, abdominal rigidity, T>38°C or <36°C,	70 (3.2)
Abdominal pain, abdominal rigidity, WBC >12,000 or < 4,000	445 (20.7%)
Abdominal pain, T>38°C or <36°C,	71 (3.3%)
Abdominal pain, T>38°C or <36°C, WBC >12,000 or < 4,000	235 (10.9%)
Abdominal pain, WBC >12,000 or < 4,000	325 (15.1)
T>38°C or <36°C	15 (0.7 %)
T>38°C or <36°C, WBC >12,000 or < 4,000	45 (2.0%)
Abdominal rigidity, WBC >12,000 or < 4,000	15 (0.7%)
Abdominal rigidity	15 (0.7%)
Abdominal rigidity, T>38°C or <36°C	22 (1%)
WBC >12,000 or < 4,000	32 (1.5%)
Not reported	33 (1.5%)

Table 3 Source of Infection

Source of infection	Patients N 2152° (100%)
Appendicitis	798 (37%)
Cholecystitis	289 (13.4%)
Post-operative	342 (15.9%)
Colonic non diverticular perforation	158 (7.3%)
Gastroduodenal perforations	156 (7.3%)
Diverticulitis	166 (7.7%)
Small bowel perforation	103 (4.8%)
Others	110 (5.1%)
PID	18 (0.8%)
Post traumatic perforation	12 (0.6%)

surgical drainage and stoma). 11 patients underwent laparoscopic drainage.

For patients with gastro-duodenal perforations (156 cases), the most common surgical procedure was gastro-duodenal suture. 107 patients underwent open gastro-duodenal suture (68.6%) and 18 patients underwent laparoscopic gastro-duodenal suture (11.5%). 16 patients (10.3%) underwent gastro-duodenal resection and 16 patients (10.3%) received conservative treatment (non-operative treatment, surgical drainage). The remaining patients underwent alternative procedures.

Of the 100 patients with small bowel perforations, 83 underwent open small bowel resection (83%) and 3 (3%) underwent laparoscopic small bowel resection. The remaining 14 patients (14%) were treated non-surgically.

Among the 158 patients with colonic non-diverticular perforation, 52 (32.9%) underwent open Hartmann resection, 55 (34.8%) underwent open resection with anastomosis and without stoma protection, and 23 underwent open resection with stoma protection (14.6%).

369 cases (17.1%) were attributable to post-operative infections. Anastomotic leaks were the most prevalent cause of post-operative infection. Of all post-operative infections, 40.2% resulted from colo-rectal leaks, 32.1% from upper gastro-intestinal leaks, 14.5% from biliary leaks, 11.2% from pancreatic leaks, and 1.9% from urinary leaks.

Source control was successfully implemented for 1,985 patients (92%) and proved ineffective for 167 patients (8%).

Microbiology

Intraperitoneal specimens were collected from 1,339 patients (62.2%).

These specimens were obtained from 977 of the 1,701 patients presenting with community-acquired intra-abdominal infections (57.4%).

Intraperitoneal specimens were collected from 362 (80.3%) of the remaining 451 patients with nosocomial intra-abdominal infections.

The major pathogens involved in intra-abdominal infections were found to be *Enterobacteriaceae*.

The aerobic bacteria identified in samples of peritoneal fluid are reported in Table 4.

In community-acquired IAI, Extended-Spectrum Beta-Lactamase (ESBL)-producing *Escherichia coli* isolates comprised 10.1% (64/632) of all *Escherichia coli* isolates, while ESBL-positive *Klebsiella pneumoniae* isolates represented 33.9% (37/109) of all *Klebsiella pneumoniae* isolates.

ESBL-positive *Enterobacteriaceae* were more prevalent in patients with nosocomial IAI than they were in patients with community-acquired IAI. ESBL-positive *Escherichia coli* isolates comprised 22.4% (34/152) of all

Table 4 Aerobic bacteria identified in peritoneal fluid

Total	1,525 (100%)
Aerobic Gram-negative bacteria	1,041 (69.2%)
<i>Escherichia coli</i>	632 (41.4%)
(<i>Escherichia coli</i> resistant to third generation cephalosporins)	64 (4.2%)
<i>Klebsiella pneumoniae</i>	109 (7.1%)
(<i>Klebsiella pneumoniae</i> resistant to third generation cephalosporins)	37 (2.4%)
<i>Enterobacter</i>	63 (4.1%)
<i>Proteus</i>	33 (2.1 %)
<i>Pseudomonas</i>	80 (5.2%)
Others	124 (8.1%)
Aerobic Gram-positive bacteria	484 (31.7%)
<i>Enterococcus faecalis</i>	169 (11%)
<i>Enterococcus faecium</i>	72 (4.7%)
<i>Staphylococcus Aureus</i>	56 (3.7%)
<i>Streptococcus spp.</i>	100 (6.6%)
Others	87 (5.7%)

identified *Escherichia coli* isolates, while ESBL-positive *Klebsiella pneumoniae* isolates made up 50% (26/52) of all identified *Klebsiella pneumoniae* isolates.

There were 5 isolates of *Klebsiella pneumoniae* resistant to Carbapenems. All Carbapenem-resistant *Klebsiella pneumoniae* isolates were acquired in an intensive care setting.

Among the identified aerobic gram-negative isolates, there were 80 isolates of *Pseudomonas aeruginosa*, comprising 5.3% of all identified aerobic bacteria isolates (4.3% in patients with community-acquired infections versus 6.7% in patients with nosocomial infections).

The 3 *Pseudomonas aeruginosa* strains resistant to Carbapenems were also obtained from nosocomial infections.

Among the identified aerobic gram-positive bacteria, *Enterococci* (*E. faecalis* and *E. faecium*) were the most prevalent, representing 16% of all aerobic isolates, and were identified in 241 cases. 22 glycopeptide-resistant *Enterococci* were identified; 16 were glycopeptide-resistant *Enterococcus faecalis* isolates and 6 were glycopeptide-resistant *Enterococcus faecium* isolates.

Although *Enterococci* were also present in community-acquired infections, they were far more prevalent in nosocomial infections.

Identified bacterial isolates from peritoneal fluid samples in both nosocomial and community-acquired IAI are listed in Table 5.

Tests for anaerobes were conducted for 680 patients. 197 anaerobes were observed. The most frequently identified anaerobic pathogen was *Bacteroides*. 126 *Bacteroides* isolates were observed during the course of

the study. Among the *Bacteroides* isolates, there were 3 Metronidazole-resistant strains.

Identified anaerobic bacteria are reported in Table 6.

Additionally, 138 *Candida* isolates were collectively identified (4.7%). 110 were *Candida albicans* and 28 were *non-albicans Candida*. 2 *Candida albicans* isolates and 7 *non-albicans Candida* isolates were resistant to Fluconazole (see Table 7).

Outcome

The overall mortality rate was 7.6% (163/2,152).

521 patients (24.2%) were admitted to the intensive care unit in the early recovery phase immediately following surgery.

255 post-operative patients (11.8%) ultimately required additional surgeries; 66.7% of follow-up laparotomies were unplanned “on-demand” procedures and 20% were anticipated surgeries. Overall, 11.3% of these patients underwent open abdominal procedures.

According to univariate statistical analysis of the data (Table 8), severe sepsis (OR=14.6; 95%CI=8.7-24.4; $p<0.0001$) and septic shock (OR=27.6; 95%CI=15.9-47.8; $p<0.0001$) upon hospital admission were both predictive of patient mortality.

For healthcare associated infections, the setting of acquisition was also a variable found to be predictive of patient mortality (chronic care setting: OR=5.2; 95%CI=1.7-8.4; $p<0.0001$, non-operative hospital setting: OR=3.8; 95%CI=2.4-10.9; $p<0.0001$, and post-operative hospital setting: OR=2.5; 95%CI=1.7-3.7; $p<0.0001$).

Among the various sources of infection, colonic non-diverticular perforation (OR=117.4; 95%CI=27.9-493.9; $p<0.0001$), complicated diverticulitis (OR=45.4; 95%CI=10.4-198.6; $p<0.0001$), and small bowel perforation (OR=125.7; 95%CI=29.1-542; $p<0.0001$) were significantly correlated with patient mortality.

Mortality rates did not vary to a statistically significant degree between patients who received adequate source

Table 6 Anaerobic bacteria identified in peritoneal fluid

Anaerobes	197
Bacteroides	126 (64%)
(Bacteroides resistant to Metronidazole)	4 (2%)
Clostridium	16 (8.1%)
(Clostridium resistant to Metronidazole)	1 (0.5%)
Others	55 (27.9%)

control and those who did not. However, a delayed initial intervention (a delay exceeding 24 hours) was associated with an increased mortality rate (OR=2.6; 95%CI=1.8-3.5; $p<0.0001$).

The nature of the immediate post-operative clinical period was a significant predictor of mortality (severe sepsis: OR=33.8; 95%CI=19.5-58.4; $p<0.0001$, septic shock: OR=59.2; 95%CI=34.4-102.1; $p<0.0001$). Patients requiring ICU admission (OR=18.6; 95%CI=12-28.7; $p<0.0001$) were also associated with increased mortality rates.

WBC counts greater than 12,000 or less than 4,000 (OR=2.8; 95%CI=1.8-4.4; $p<0.0001$), and core body temperatures greater than 38°C or less than 36°C (OR=3.3; 95%CI=2.2-5; $p<0.0001$) by the third post-operative day were significant predictors of patient mortality.

According to stepwise multivariate analysis (PR=0.005 and PE=0.001) (Table 9), several criteria were found to be independent variables predictive of mortality, including patient age (OR=3.3; 95%CI=2.2-5; $p<0.0001$), the presence of an intestinal non-appendicular source of infection (colonic non-diverticular perforation: OR=4.7; 95%CI=2.5-8; $p<0.0001$, complicated diverticulitis: OR=2.3; 95%CI=1.5-3.7; $p<0.0001$, small bowel perforation: OR=21.4; 95%CI=8-57.4; $p<0.0001$), a delayed initial intervention (a delay exceeding 24 hours) (OR=2.4; 95%CI=1.5-3.7; $p<0.0001$), severe sepsis (OR=6.6; 95%CI=3.8-11; $p<0.0001$) and septic shock (OR=7.2; 95%CI=4.12-5; $p<0.0001$) in the immediate post-operative period, and ICU admission (OR=3.8; 95%CI=2.2-6.4; $p<0.0001$).

Table 5 Aerobic bacteria in community-acquired and healthcare-associated (nosocomial) IAIs

Community-acquired IAIs	Isolates n°	Healthcare-associated (nosocomial) IAIs	Isolates n°
Aerobic bacteria	988 (100%)	Aerobic bacteria	567 (100%)
Escherichia coli	480 (48.6%)	Escherichia coli	152 (26.8%)
(Escherichia coli resistant to third generation cephalosporins)	30 (3%)	(Escherichia coli resistant to third generation cephalosporins)	34 (6%)
Klebsiella pneumoniae	52 (5.2%)	Klebsiella pneumoniae	57 (10%)
(Klebsiella pneumoniae resistant to third generation cephalosporins)	11 (1.7%)	(Klebsiella pneumoniae resistant to third generation cephalosporins)	22 (6.7%)
Pseudomonas	42 (4.2%)	Pseudomonas	38 (6.7%)
Enterococcus faecalis	78 (7.9%)	Enterococcus faecalis	91 (16%)
Enterococcus faecium	39 (3.9%)	Enterococcus faecium	43 (7.6%)

Table 7 Candida isolates identified in peritoneal fluid

Candida	138
Candida albicans	110 (79.7%)
(Candida albicans resistant to Fluconazole)	4 (2.9%)
Non-albicans Candida	28 (20.3%)
(non-albicans Candida resistant to Fluconazole)	5 (3.6%)

Discussion

Source control

Complicated intra-abdominal infections are an important source of patient morbidity and are frequently associated with poor clinical prognoses, particularly for patients in high-risk categories.

The CIAO Study has confirmed that acute appendicitis is the most common intra-abdominal condition requiring emergency surgery in Europe. Both open and laparoscopic appendectomies are viable treatment options for complicated appendicitis [4]. The laparoscopic appendectomy is a safe and effective means of surgical treatment for addressing complicated intra-abdominal infections, but open surgery still retains several clinical advantages, including a reduced probability of post-operative intra-abdominal abscesses [5]. CIAO Study data indicate that the open approach was used in 55.1% of complicated appendicitis cases while the laparoscopic approach was performed in 39.8% of these cases.

For patients with periappendiceal abscesses, the proper course of surgical treatment remains a point of contention

Table 8 Univariate analysis: risk factors for occurrence of death during hospitalization

Risk factors	Odds ratio	95%CI	p
<i>Clinical condition upon hospital admission</i>			
Severe sepsis	27.6	15.9-47.8	<0.0001
Septic shock	14.6	8.7-24.4	<0.0001
<i>Healthcare associated infection</i>			
Chronic care setting acquired	5.2	1.7-8.4	<0.0001
Non post-operative hospital acquired	3.8	2.4-10.9	<0.0001
Post-operative	2.5	1.7-3.7	<0.0001
<i>Source of infection</i>			
Colonic non diverticular perforation	117.4	27.9-493.9	<0.0001
Diverticulitis	45.4	10.4-198.6	<0.0001
Small bowel perforation	125.7	29.1-542	<0.0001
Delayed initial intervention	2.6	1.8-3.5	<0.0001
<i>Immediate post-operative clinical course</i>			
Severe sepsis	33.8	19.5-58.4	<0.0001
Septic shock	59.2	34.4-102.1	<0.0001
ICU admission	18.6	12-28.7	<0.0001
WBC>12000 or <4000 (3rd post-operative day)	2.8	1.8-4.4	<0.0001
T>38°C or <36°C (3rd post-operative day)	3.3	2.2-5	<0.0001

Table 9 Multivariate analysis: risk factors for occurrence of death during hospitalization

Risk factors	Odds ratio	95%CI	p
Age	3.3	2.2-5	<0.0001
Severe sepsis in the immediate post-operative course	27.6	15.9-47.8	<0.0001
Septic shock in the immediate post-operative course	14.6	8.7-24.4	<0.0001
Colonic non diverticular perforation	4.7	2.5-8	<0.0001
Diverticulitis	2.3	1.5-3.7	<0.0001
Small bowel perforation	21.4	8-57.4	<0.0001
Delayed initial intervention	2.4	1.5-3.7	0.0001

Stepwise multivariate analysis, PR=0.005 E PE=0.001 (Hosmer-Lemeshow chi2 (8)=1.68, area under ROC curve=0.9465).

in the medical community. However, this contention notwithstanding, the most commonly employed treatment appears to be drainage with subsequent appendectomy [6].

Although guidelines for the management of intra-abdominal infections commonly assert that patients with periappendiceal abscesses should be treated with percutaneous image-guided drainage, few patients underwent this procedure.

The laparoscopic versus open cholecystectomy debate has been extensively investigated in recent years. In the CIAO Study, the open cholecystectomy was the most common means of treating cholecystitis; 48.4% of patients with complicated cholecystitis underwent this procedure. By contrast, 118 patients (40.8%) underwent the laparoscopic procedure.

The optimal surgical management of colonic diverticular disease complicated by peritonitis remains a controversial issue in the medical community.

Hartmann's resection has historically been considered the procedure of choice for patients with generalized peritonitis and continues to be a safe and reliable technique for performing an emergency colectomy in the event of perforated diverticulitis, particularly in elderly patients with multiple co-morbidities [7-10].

More recently, however, reports have suggested that primary resection and anastomosis may be the optimum approach to addressing diverticulitis, even in the presence of diffuse peritonitis [11].

According to CIAO Study data, the Hartmann resection was the most frequently performed procedure to address complicated diverticulitis in Europe. 43.2% of patients underwent a Hartmann resection, and of these resections, the vast majority were open procedures (94.5% open compared to 5.5% laparoscopic). 54 of these patients (74%) underwent a Hartmann resection for generalized peritonitis, while the remaining 19 (26%) underwent the same procedure for localized peritonitis or abscesses.

22.5% of patients underwent colo-rectal resection to address complicated diverticulitis.

Microbiology

The significance of microbiological analysis of infected peritoneal fluid in community-acquired intra-abdominal infections has been debated in recent years.

Cultures from the site of infection should always be obtained for patients with nosocomial infections as well as for patients with community-acquired infections who are known to be at risk for drug-resistant strains. In these patients, causative pathogens and resistance patterns are unpredictable and always require cultures from the site of infection [4].

Bacterial cultures and analyses may be often clinically superfluous, particularly when the etiological agents are readily predictable [12]. However, some authors maintain that in-depth bacterial diagnosis has practical significance, even in low-risk patients with community-acquired IAIs. They argue that this analysis plays an important role in documenting epidemiological shifts in antimicrobial resistance patterns associated with community-acquired IAIs and in guiding individualized follow-up therapy. For high-risk patients with community-acquired IAIs or in the event of nosocomial IAIs, clinicians should always obtain cultures from the site of infection.

According to CIAO Study data, intraperitoneal specimens were collected from 62.2% of patients; these samples were obtained from 57.4% of patients with community-acquired IAIs and from 80.3% of patients with nosocomial IAIs.

In many clinical laboratories, species identification and susceptibility testing of anaerobic isolates are not routinely performed [13].

Of the total patients tested for aerobic microorganisms, 42.9% underwent tests for anaerobes.

The major pathogens involved in community-acquired intra-abdominal infections are *Enterobacteriaceae*, *Streptococcus* species, and certain anaerobes (particularly *B. fragilis*). Compared to community-acquired infections, nosocomial infections typically involved a broader spectrum of microorganisms, encompassing ESBL-producing *Enterobacteriaceae*, *Enterococcus*, *Pseudomonas*, and *Candida* species in addition to the *Enterobacteriaceae*, *Streptococcus* species, and anaerobes observed in community-acquired IAIs.

Antimicrobial resistance has become a major challenge complicating the treatment and management of intra-abdominal infections.

The main resistance threat is posed by ESBL-producing *Enterobacteriaceae*, which are becoming increasingly common in community-acquired infections.

Many factors can increase the prevalence of ESBL activity in community-acquired intra-abdominal infections,

including excessive use of antibiotics, residence in a long-term care facility, and recent hospitalization. Further, male patients and patients over the age of 65 appear to be particularly susceptible to ESBL-producing bacterial infections [14].

According to CIAO Study data, ESBL producers were the most commonly identified drug-resistant micro-organism involved in IAIs.

Recent years have seen an escalating trend of *Klebsiella pneumoniae* Carbapenemase (KPC) production, which continues to cause serious multidrug-resistant infections around the world. The recent emergence of Carbapenem-resistant *Enterobacteriaceae* is a major threat to hospitalized patients.

In addition to hydrolyzing Carbapenems, KPC-producing strains are also resistant to a variety of other antibiotics, and consequently, these infections pose a considerable challenge for clinicians in acute care situations.

KPC-producing bacteria are most common in nosocomial infections, particularly in patients with previous exposure to antibiotics [15].

5 identified isolates of *Klebsiella pneumoniae* proved resistant to Carbapenems, and each was acquired in an intensive care setting.

The rate of *Pseudomonas aeruginosa* among aerobic isolates was 5.2%. There was no statistically significant difference in *Pseudomonas* prevalence between community-acquired and nosocomial IAIs.

Enterococci (*E. faecalis* and *E. faecium*) were identified in 15.7% of all aerobic isolates.

Although *Enterococci* were also identified in community-acquired infections, they were far more prevalent in nosocomial infections.

In the CIAO Study, 138 *Candida* isolates were observed among 1,890 total isolates (7.3%). *Candida* prevalence was significantly higher in the nosocomial IAI group than it was in the community-acquired IAI group.

Outcome

Of the 2,152 patients enrolled in the study, there were 163 deaths (7.6%).

According to univariate statistical analysis of the data, critical clinical condition of the patient upon hospital admission (defined by severe sepsis/septic shock) as well as critical clinical condition in the immediate post-operative period and ICU admission were all significant risk factors predictive of patient mortality. WBCs greater than 12,000 or less than 4,000 and core body temperatures greater than 38°C or less than 36°C by the third post-operative day were predictors of patient mortality. Among the various sources of infection, colonic non-diverticular perforations, complicated diverticulitis, and small bowel perforations correlated strongly with patient mortality.

Mortality rates did not vary to a statistically significant degree between patients who received adequate source control and those who did not. However, a delayed initial intervention (a delay exceeding 24 hours) was associated with an increased mortality rate.

According to stepwise multivariate analysis (PR=0.005 and PE=0.001), several criteria were found to be independent variables predictive of patient mortality, including patient age, the presence of an intestinal non-appendicular source of infection (colonic non-diverticular perforation, complicated diverticulitis, small bowel perforation), a delayed initial intervention (a delay exceeding 24 hours), sepsis and septic shock in the immediate post-operative period, and ICU admission.

Conclusion

Complicated intra-abdominal infections remain an important source of patient morbidity and are frequently associated with poor clinical prognoses, particularly for patients in high-risk categories.

Given the sweeping geographical distribution of the participating medical centers, the CIAO Study gives an accurate description of the epidemiological, clinical, microbiological, and treatment profiles of complicated intra-abdominal infections (IAIs) throughout Europe.

Competing interests

The authors declare that they have no competing interests.

Authors' contributions

MS designed the study and wrote the manuscript. FC, LA, AL, KT, HVG, DVL, PV and CDW participated in study design. DVL revised the manuscript. FCo and DC performed statistical analysis. All authors read and approved the final manuscript.

Author details

¹Department of Surgery, Macerata Hospital, Macerata, Italy. ²Emergency Surgery, Maggiore Parma Hospital, Parma, Italy. ³Department of General Surgery, Ospedali Riuniti, Bergamo, Italy. ⁴Department of Abdominal Surgery, University Hospital Meilahti, Helsinki, Finland. ⁵Department of Surgery, Sisli Florence Nigtingale Hospital, Istanbul, Turkey. ⁶Department of Surgery, Radboud University Nijmegen Medical Centre, Nijmegen, Netherlands. ⁷Department of Internal Medicine Geriatrics and Nephrologic Diseases, Clinic of Infectious Diseases, St Orsola-Malpighi University Hospital, Bologna, Italy. ⁸Department of Anesthesiology, Ospedali Riuniti, Bergamo, Italy. ⁹General, Oncological, Geriatric Surgery and advanced Technology, University Federico II, Naples, Italy. ¹⁰Department of Human Pathology and Oncology, Policlinico le Scotte, University Hospital, Siena, Italy. ¹¹Department of Surgery, Fatebenefratelli Isola Tiberina hospital, Rome, Italy. ¹²Department of General Surgery, Bakirkoy Training Research Hospital, Istanbul, Turkey. ¹³Department of General Surgery, Baskent University Faculty of Medicine, Adana, Turkey. ¹⁴Department of Surgery, Parc Tauli University Hospital, Barcelona, Spain. ¹⁵First General Surgery Clinic, University Hospital St. George/Chair of Surgical Propedeutics, Medical Faculty, Medical University Plovdiv, Plovdiv, Bulgaria. ¹⁶Department of Emergency Surgery, University Hospital of Nice, University of Nice Sophia-Antipolis, Sophia-Antipolis, France. ¹⁷Department of Surgery, University Hospital Center, Zagreb, Croatia. ¹⁸Emergency Department, Umberto I Hospital, "La Sapienza" University of Rome, Rome, Italy. ¹⁹Department of Gastroenterological surgery, University Central Hospital, Turku, Finland. ²⁰Department of Surgery, AZ Maria Middelares, Ghent, Belgium. ²¹3rd Department of General Surgery, Narutowicz Hospital, Krakow, Poland. ²²Department of Surgery, Maggiore Hospital, Bologna, Italy.

²³Department of Surgery, Mazzoni Hospital, Ascoli Piceno, Italy. ²⁴Department of Surgery Hospital and Oncological Centre Novy Jicin, Novy Jicin, Czech republic. ²⁵Department of General and Digestive Surgery, Virgen de la Victoria University Hospital, Malaga, Spain. ²⁶Department of Surgery, Mauriziano Hospital, Torino, Italy. ²⁷Department of Surgery (Chief Renzo Dionigi), University of Insubria, Ospedale di Circolo e Fondazione Macchi, Varese, Italy. ²⁸Department GI-surgery, Kuopio University Hospital, Kuopio, Finland. ²⁹2nd Department of Surgery, Jagiellonian University, Krakow, Poland. ³⁰Department of Visceral Surgery and Medicine, Inselspital Bern, University of Bern, Bern, Switzerland. ³¹Department of Visceral Surgery Centre Hospitalier Universitaire Vaudois, CHUV, Lausanne, Switzerland. ³²Department of General Surgery, Lviv Emergency Hospital, Lviv, Ukraine. ³³Department of General Surgery, Ospedale Civile, Adria (RO), Italy. ³⁴General and Vascular Surgery, M.Mellini Hospital, Chiari, Italy. ³⁵First General Surgery, North Estonia Regional Hospital, Tallinn, Estonia. ³⁶Intensive Care Klinikum, Magdeburg gGmbH, Magdeburg, Germany. ³⁷Department of Emergency Surgery Azienda Ospedaliero-Universitaria S. Anna, Ferrara, Italy. ³⁸Department of Hepato-biliary and Pancreatic surgery and Transplantology, Military Medical Hospital, Sofia, Bulgaria. ³⁹Department of Surgery, Ospedali Riuniti Umberto I-Lancisi-Salesi, Ancona, Italy. ⁴⁰Department of surgery, University Clinic Center Tuzla, Tuzla, Bosnia and Herzegovina. ⁴¹Department of General and Colorectal Surgery, University Hospital, Central Veterans Hospital, Lodz, Poland. ⁴²Surgical Department Santa Croce e Carle hospital, Cuneo, Italy. ⁴³Department of Surgery, São Teotónio Hospital, Viseu, Portugal. ⁴⁴Department of HPB and Liver Transplant Surgery, Royal Free Hospital, London, United Kingdom. ⁴⁵Department of Surgery, Manchester Royal Infirmary, Manchester, UK. ⁴⁶IInd Surgical department of Medical faculty Comenius University, University Hospital Bratislava, st. Cyril and Methodius Hospital, Bratislava, Slovakia. ⁴⁷Department of Surgery, Medical School University of Pécs, Pécs, Hungary. ⁴⁸Department of Abdominal Surgery, University Clinical Centre of Kosovo, Prishtina, Kosovo. ⁴⁹2nd Department of Surgery, General Army Hospital of Athens, Athens, Greece. ⁵⁰Second Surgical Clinic, Emergency Hospital of Craiova, Craiova, Roumanie. ⁵¹Surgical Department, General Hospital Jesenice, Jesenice, Slovenia. ⁵²Department of surgery, Andosilla Hospital, Civita Castellana, Italy. ⁵³Department of Surgery, Jesi Hospital, Jesi, Italy. ⁵⁴Department of Gastrointestinal Surgery, North Carelian Central Hospital, Joensuu, Finland. ⁵⁵Oncologic, Digestive and Emergency Surgery, Bocage Hospital, Dijon, France. ⁵⁶Surgical Department General Hospital of Larissa, Larissa, Greece. ⁵⁷Department of General Surgery, University Hospital of Heraklion, Heraklion, Greece. ⁵⁸Surgical Department, Mozyr, Belarus. ⁵⁹Department of Pediatric surgery, Paediatric surgery and orthopaedic Clinic, Nis, Serbia. ⁶⁰General Surgery, Clinical Hospital at Chelyabinsk Station OJSC "Russian Railroads", Chelyabinsk City, Russian Federation. ⁶¹First Department of Surgery, Tzanion General Hospital, Piraeus, Greece. ⁶²Department of General Surgery, Emergency Hospital of Bucharest, Bucharest, Romania. ⁶³Department of Surgery, Downtown Campus, University Hospital of Munich, Munich, Germany. ⁶⁴General and emergency surgery, SG Bosco Hospital, Torino, Italy. ⁶⁵Department of General Surgery, Hospital La Paz, Madrid, Spain. ⁶⁶Department of Gynecology and Obstetrics, CHI Poissy-St-Germain-En-Laye, France and University Versailles Saint-Quentin, Versailles, France. ⁶⁷Chirurgie Viscerale, Digestive et Oncologique Hospital Prive, Arras les Bonnettes, Arras, France. ⁶⁸Department of General Surgery, Hospital São João Porto, Porto, Portugal. ⁶⁹Division of Transplantation, Department of Surgery, Medical School, Aristotle University of Thessaloniki, Hippokraton General Hospital, Thessaloniki, Greece. ⁷⁰1st Surgical Department, General Regional Hospital "George Papanikolaou", Thessaloniki, Greece. ⁷¹Department of Abdominal Surgery, umc Ljubljana, Ljubljana, Slovenia. ⁷²First Surgical clinic, Clinical Center of Serbia, School of Medicine, University of Belgrade 8, Belgrade, Serbia.

Received: 15 November 2012 Accepted: 26 November 2012

Published: 29 November 2012

References

- Menichetti F, Sganga G: **Definition and classification of intra-abdominal infections.** *J Chemother* 2009, **21**(Suppl 1):3-4.
- Marshall JC, Maier RV, Jimenez M, Dellinger EP: **Source control in the management of severe sepsis and septic shock: an evidence-based review.** *Crit Care Med* 2004, **32**(11 Suppl):S513-S526.
- Pieracci FM, Barie PS: **Management of severe sepsis of abdominal origin.** *Scand J Surg* 2007, **96**(3):184-196.

4. Sartelli M, Viale P, Koike K, Pea F, Tumietto F, van Goor H, Guercioni G, Nespoli A, Tranà C, Catena F, Ansaloni L, Leppaniemi A, Biffi W, Moore FA, Poggetti R, Pinna AD, Moore EE: **WSES consensus conference: Guidelines for first-line management of intra-abdominal infections.** *World J Emerg Surg* 2011, **6**:2.
5. Bennett J, Boddy A, Rhodes M: **Choice of approach for appendicectomy: A meta-analysis of open versus laparoscopic appendicectomy.** *Surg Laparosc Endosc* 2007, **17**:245–255.
6. Corfield L: **Interval appendicectomy after appendiceal mass or abscess in adults: What is "best practice"?** *Surg Today* 2007, **37**:1–4.
7. McCafferty MH, Roth L, Jorden J: **Current management of diverticulitis.** *Am Surg* 2008, **74**:1041–1049.
8. Salem L, Flum DR: **Primary anastomosis or Hartmann's procedure for patients with diverticular peritonitis? A systematic review.** *Dis Colon Rectum* 2004, **47**(11):1953–1964.
9. Chandra V, Nelson H, Larson DR, Harrington JR: **Impact of primary resection on the outcome of patients with perforated diverticulitis.** *Arch Surg* 2004, **139**(11):1221–1224.
10. Constantinides VA, Tekkis PP, Athanasiou T, Aziz O, Purkayastha S, Remzi FH, Fazio VW, Aydin N, Darzi A, Senapati A: **Primary resection with anastomosis vs. Hartmann's procedure in nonelective surgery for acute colonic diverticulitis: A systematic review.** *Dis Colon Rectum* 2006, **49**(7):966–981.
11. Herzog T, Janot M, Belyaev O, Sülberg D, Chromik AM, Bergmann U, Mueller CA, Uhl W: **Complicated sigmoid diverticulitis–Hartmann's procedure or primary Anastomosis?** *Acta Chir Belg* 2011, **111**(6):378–383.
12. Gladman MA, Knowles CH, Gladman LJ, Payne JG: **Intra-operative culture in appendicitis: Traditional practice challenged.** *Ann R Coll Surg Engl* 2004, **86**(3):196–201.
13. Snyderman DR, Jacobus NV, McDermott LA, Ruthazer R, Golan Y, Goldstein EJ, Finegold SM, Harrell LJ, Hecht DW, Jenkins SG, Pierson C, Venezia R, Yu V, Rihs J, Gorbach SL: **National survey on the susceptibility of *Bacteroides fragilis* group: report and analysis of trends in the United States from 1997 to 2004.** *Antimicrob Agents Chemother* 2007, **51**:1649–1655.
14. Ben-Ami R, Rodriguez-Bano J, Arsan H, Pitout JD, Quentin C, Calbo ES, Azap OK, Arpin C, Pascual A, Livermore DM, Garau J, Carmeli Y: **A multinational survey of risk factors for infection with extended-spectrum β -lactamase-producing Enterobacteriaceae in nonhospitalized patients.** *Clin Infect Dis* 2009, **49**:682–690.
15. Nordmann P, Cuzon G, Naas T: **The real threat of *Klebsiella pneumoniae* carbapenemase-producing bacteria.** *Lancet Infect Dis* 2009, **9**:228–36.

doi:10.1186/1749-7922-7-36

Cite this article as: Sartelli et al.: Complicated intra-abdominal infections in Europe: a comprehensive review of the CIAO study. *World Journal of Emergency Surgery* 2012 **7**:36.

Submit your next manuscript to BioMed Central and take full advantage of:

- Convenient online submission
- Thorough peer review
- No space constraints or color figure charges
- Immediate publication on acceptance
- Inclusion in PubMed, CAS, Scopus and Google Scholar
- Research which is freely available for redistribution

Submit your manuscript at
www.biomedcentral.com/submit

